

# Public Health Update





#### Dr. Seuss Coloring Contest

This month, we are hosting a very special **Dr. Seuss Coloring** 

#### Contest!

Two grand prize winners, one in Winfield, one in Ark City, will win a set of Dr. Seuss books and other goodies!

Stop by the Health Department to pick up a set of Dr. Seuss coloring sheets and follow the provided instructions to enter!

Good luck and happy coloring!



# COVID Dashboard

## **COVID Community Level**



# 7 Day Rolling Average of New COVID Cases



#### **Guidance:**

The current Community COVID Level is <u>Low</u>. We recommend adhering to our usual guidelines for staying safe from illness:

- Stay home if you feel ill. Do not resume normal activities until you have fully recovered.
- If ill, isolate from others to avoid spreading illness.
- If you develop symptoms of illness, get tested to determine if you are infected.
- Wash your hands frequently and use hand sanitizer.
- Clean high touch surfaces (doors, counters, etc.) with disinfecting cleaners.
- If desired, wear a mask that properly covers your nose and mouth while in public.

# What's New in Public Health?

#### **National Poison Prevention Week**

March 20 – 24 is National Poison Prevention Week, a week dedicated to highlighting the dangers of accidental poisonings in the home.

Accidental poisonings send thousands of children to the hospital every year. Most of these poisonings could be prevented with a few commonsense steps:

- Know what potential poisons are in your house.
  - The most common household poisons include cosmetic products, medications, vitamins & supplements, and household cleaning chemicals.
- Keep potential poisons locked away and out of reach.
  - Use locking cabinets or child-resistant latches.
  - Use child-resistant containers.
- Keep the <u>Poison Control Center</u>'s phone number at hand or saved in your phone:
  - o 1-(800) 222-1222

#### KanCare Renewals

If you are enrolled in KanCare, don't risk losing your health coverage! Make sure your contact information is up to date by contacting the KanCare Clearinghouse. Simply call 1-800-792-4884, or visit kancare.ks.gov and click the red chat bubble.

After verifying or updating your contact information, be on the lookout for any KanCare updates in the mail.

For more information, visit kancare.ks.gov



# Miembros de KanCare: ¿Ha cambiado su información de contacto o las circunstancias de su hogar? En caso afirmativo, llame al Centro de Información de KanCare hoy para actualizar su información: 1-800-792-4884

## Cowley County Health & Safety Fair 2023

The annual Cowley County Health & Safety Fair is less than 2 months away!

Returning to Winfield, the fair will be held at the

Winfield Fairgrounds on Saturday, May 6th from 9am to 12pm.

The event is free to attend! Plus, you might win an awesome door prize or score some free goodies at the fair!

Mark your calendars and be sure to follow the Health & Safety Fair Facebook page as we highlight sponsors, door prizes, and attractions!

facebook.com/CowleyCountyHealthFair